# TEST DAY Recap:

- Completely fill out your test envelope and pay all fees at least one week before test day
- •Although skates should be sharpened by a professional regularly (after approximately 24 hours of ice time), edge preference is a personal choice. Check with your coach about sharpening before test day
- Check the schedule to find out when your test is scheduled to take place
- Dress appropriately
- •Arrive at least 45–60 minutes before your scheduled test time
- Be respectful of other skaters, coaches, volunteers, and the evaluator
- Relax, do your best, and don't forget to smile

## **Good Luck!**

**Low Tests:** Preliminary, Junior Bronze, and Senior Bronze levels of Freeskate, Skills and Dance tests

**High Tests:** Junior Silver, Senior Silver, Gold and Diamond levels Freeskate, Skills and Dance tests, and all levels of Interpretive tests

#### 2014-2015 Season Test Days

November 20, 2014—High & Low tests January 22, 2015—Low tests only March 5, 2015—High & Low tests May 2015—High & Low tests (Exact date to be determined)

**Note:** Regularly schedule skating sessions may be cancelled or run according to an altered schedule on test days. Check the club bulletin boards and/or website for more information within one week of test day.



#### Ajax Skating Club

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#### Ajax Skating Club

# STARSkate Test Day Guidelines



#### Tel: 905-683-1753

#### **STARSkate Tests**

Skate Canada nationally standardized tests are the method of evaluating a skater's progression in the STARSkate Program. These tests fall into disciplines recognized by Skate Canada—Freeskate, Dance, Skating Skills and Interpretive Skating. The skater's Skate Canada test levels determine progression from Junior to Senior to Advanced sessions at the Ajax Skating Club.

### **Preparing for Test Day**

Your coach will let you know when you are ready to take a test. Three weeks before test day, your coach will let the test chair know that you will be taking the test(s). There is no charge for tests pulled before two weeks prior to test day; any tests pulled after that time are included in the final submission to Skate Canada and must be paid for, according to Skate Canada rules.

## TEST ENVELOPES

You will be given a test day envelope. **You must fill in all information on the test envelope**; if you do not know any information that is required (e.g. Skate Canada number), ask your coach for help. Completed test envelopes and fees are due **one week** before test day. Incomplete or late envelopes / missing test fees may result in the skater not being permitted to take the test. Also, skaters who owe outstanding club fees will not be permitted to take the test.

# TEST FEES

There are fees to try each test. The Skate Canada fee is sent to Skate Canada. The administrative fee is used to help defray the cost of the ice and the evaluator's expenses. Please note that you will also be billed for your coaches time and there may be a partnering fee for dance tests. Please discuss these additional fees with your coach.

# TEST DAY SCHEDULE

The test schedule will be posted on the club bulletin boards and website within a few days before test day. Some tests may be held during school hours. The test schedule depends on the availability of the Skate Canada evaluator(s). In particular, we must work around the availability of the high-test qualified judges that our Skate Canada Section assigns to adjudicate on our high/low test days.

### On Test Day

With the exception of the first test of the day, skaters are required to be at the arena approximately 45-60 minutes before their scheduled test time. Skate Canada regulations allow schedules to run up to 30 minutes early. On the other hand, it is not unusual (for various reasons) for the schedule to run late. Please be patient; skating is not an exact science. However, if you arrive at the arena late for your test, you may not be permitted to take the test that day.

## APPROPRIATE ATTIRE

If you have competition attire, that would be appropriate; if you are taking an interpretive program test, wear your program costume. Girls must wear a skating skirt and a neat fitted top or a skating dress; boys must wear skating pants and a shirt or t-shirt style top (it must have sleeves). Regardless, your attire should be neat and tidy. Ideally, undergarments (including bra straps) are not obvious. Hair should be neat and tidy and long hair should be pulled back from the face. Makeup is not required. A warm up jacket or sweater and gloves are recommended for the pre-test practice/warm up. Please discuss any questions that you may have about attire with your coach.

### TESTING

• A warm up (cardio and stretching) in a warm place is recommended.

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- Your coach will let you know when you should get your skates on and when to line up to go on the ice.
- You will be given an opportunity to warm up / practice on ice before your test.
- When asked to exit the ice, please do so promptly.
- While other skaters are doing their test, please wait quietly for your turn.
- Your name will be called when it is your turn. Do your best, and don't forget to smile.
- When your test is over, please exit the ice and wait quietly for your coach to give you your test report / results

## After Your Test

All tests are evaluated according to Skate Canada standards. Skaters are not compared to each other. Depending on the level of the test being taken, there are certain passing criteria that must be met. Please respect the judge's decisions. **Note that all evaluators are (unpaid) volunteers**.

# TEST RESULTS

Your coach will discuss your test results with you. Your test will be evaluated overall as either "Pass" or "Retry". There is no limit to the number of times that a skater can attempt a test. Each test in the Skate Canada program must be taken sequentially. Skaters are not permitted to skip a level in the STARSkate test stream; the requirements to complete a level must be fulfilled before attempting the next level.

The club keeps a record of all tests attempted and a copy is forwarded to Skate Canada. You should also **keep your copy of your test results in a safe place**.

